

Futurity Archetypes

This playful exercise helps you define an archetype (for example, The Innovator, The Idealist) that aligns with how you tend to approach the future.

Archetypes simplify complex identities and help you focus on the traits you want to embody. They provide a narrative framework to guide your choices and keep you aligned with your aspirations. Archetypes are not set in stone, but are meant to inspire reflection.

Futurity Archetype Exercise

This exercise helps you explore your preferred archetypes for engaging with the future and understand how different approaches contribute to foresight and collaboration. You may find that you resonate with more than one archetype—or that your perspective shifts depending on context. The activity encourages self-awareness and critical thinking about how we navigate uncertainty and plan for what's next.

STEP 1

Reflect

Take a few moments to think about your approach to the future. Consider:

- How do you respond to uncertainty?
- How do you plan for long-term goals?
- What is your preferred role in group projects?

STEP 2

Understanding the Archetypes

Below are descriptions of nine archetypes that represent distinct ways that people approach the future. No archetype is better than another; all offer valuable strengths. Read through the descriptions and think about which ones resonate with you most.



1. The Methodical Strategist

- You are meticulous and focused on crafting structured plans for success.
- Approach: Plans carefully for continuous improvement.
- View of the Future: Envisions the future as perfectible through deliberate planning.



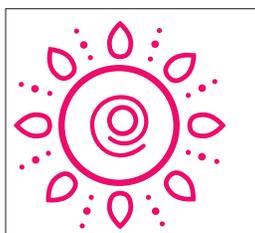
2. The Compassionate Steward

- You prioritize care and inclusivity, ensuring that everyone is supported.
- Approach: Builds inclusive, growth-centered futures.
- View of the Future: Sees the future as an opportunity for care and generosity.



3. The Charismatic Futurist

- You inspire others with bold visions and dynamic energy.
- Approach: Leads change through creativity and vision.
- View of the Future: Approaches the future as a stage for dynamic action and creativity.



4. The Visionary Idealist

- You are driven by creativity and the desire to imagine meaningful, innovative futures.
- Approach: Envisions emotionally rich and innovative outcomes.
- View of the Future: Connects past, present, and future to create meaning.



5. The Observant Analyst

- You focus on understanding the future through logic and careful observation.
- Approach: Analyzes trends and data objectively.
- View of the Future: Interprets the future as a logical sequence of events.



6. The Challenger of Assumptions

- You excel at questioning the status quo and evaluating risks.
- Approach: Challenges assumptions to ensure preparation.
- View of the Future: Perceives uncertainty, favors scrutiny and planning.



7. The Joyful Innovator

- You embrace spontaneity and exploration, finding excitement in new possibilities.
- Approach: Explores opportunities with optimism and flexibility.
- View of the Future: Envisions the future as an adventure full of possibilities.



8. The Guardian of Stability

- You prioritize protecting what matters and maintaining stability.
- Approach: Ensures security and safeguards priorities.
- View of the Future: Sees the future as requiring vigilance and protection.



9. The Harmonizer

- You strive for balance and connection, fostering shared solutions.
- Approach: Mediates differences and promotes harmony.
- View of the Future: Perceives the future as a space for cooperation and balance.

STEP 3**Select**

Write down which archetypes feel like the best fit for you and why.

- How do your archetypes resonate with your current approach to career and life goals?
- Are there elements of other archetypes you'd like to incorporate?
- How can understanding your archetypes shape your actions and collaborations moving forward?

Futurity Archetypes & Enneagram

If you're curious about further exploring your personality and how it might relate to the Futurity Archetypes, consider taking an Enneagram test. The Enneagram is a personality framework that ascribes numbers to different types. Those numbers, 1-9, align with the Futurity Archetypes in this exercise. The Enneagram is a widely used interpretive framework for understanding personality. It is not a scientifically validated assessment, and results may vary based on which specific test you take. While some argue that Enneagram types are immutable, we use this approach more flexibly to encourage reflection and promote self-exploration.

By understanding your Enneagram type, you may gain deeper insights into your strengths, tendencies, and approach to the future.

How It Works: Each Enneagram type corresponds to one of the Futurity Archetypes, offering a complementary perspective on how you engage with planning, visioning, and collaboration.

Next Steps: After completing an Enneagram test, revisit this exercise to reflect on how your type connects to the archetypes you identified with in our exercise. This can provide additional inspiration for your personal and professional growth.

For More Information:

www.cynthiaselin.com/futurity-archetypes

www.enneagraminstitute.com/type-descriptions